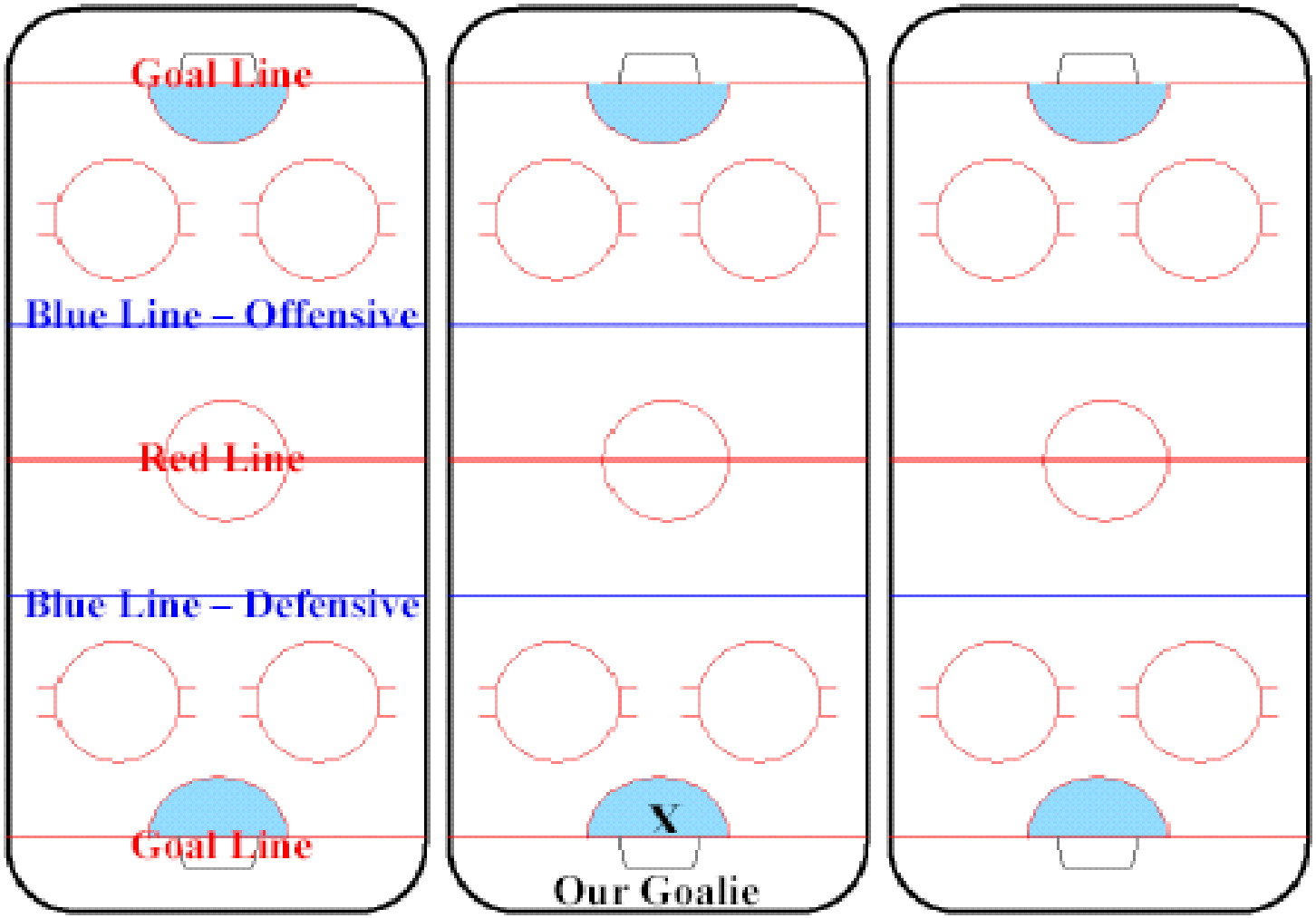
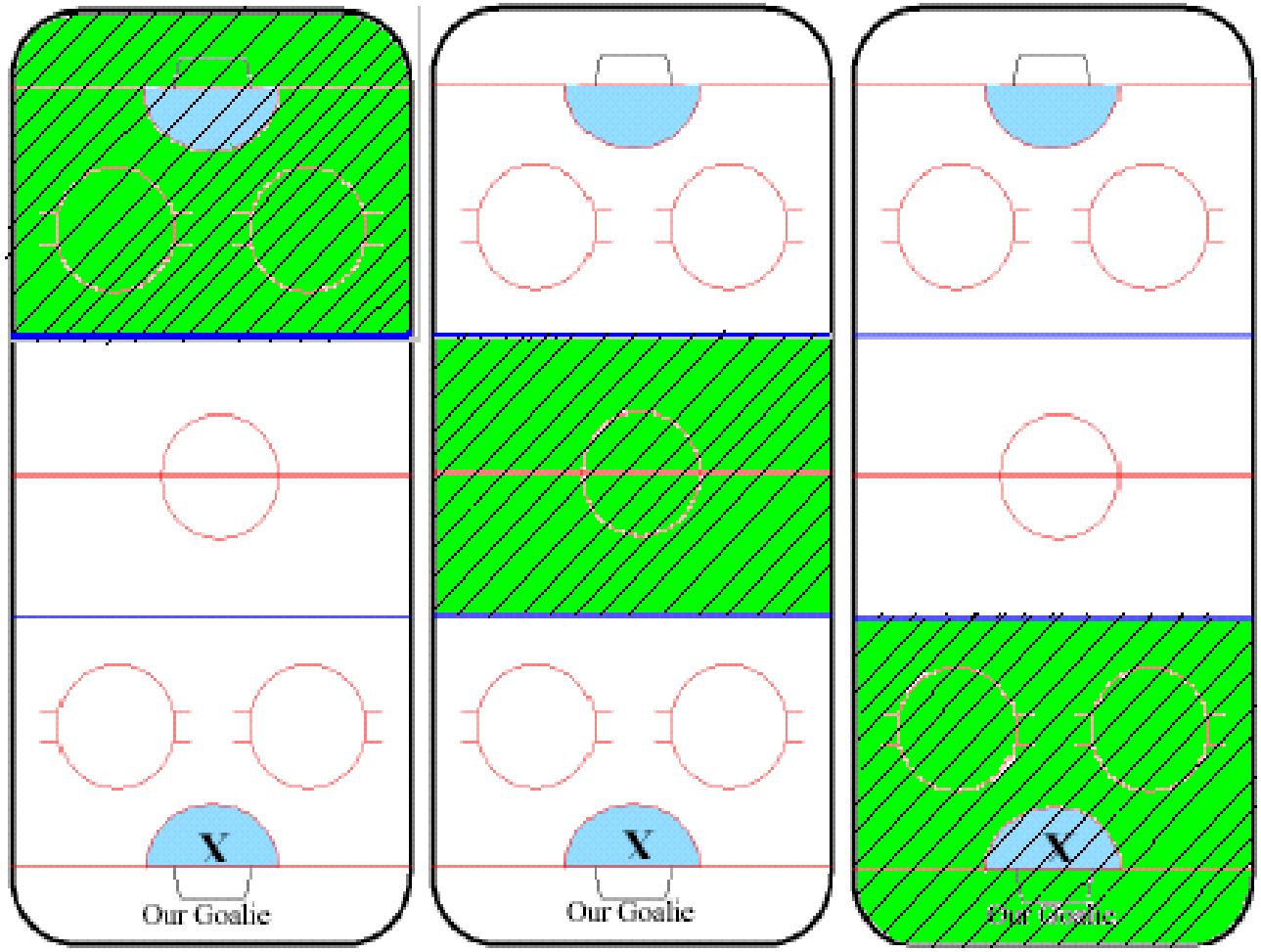
LINES

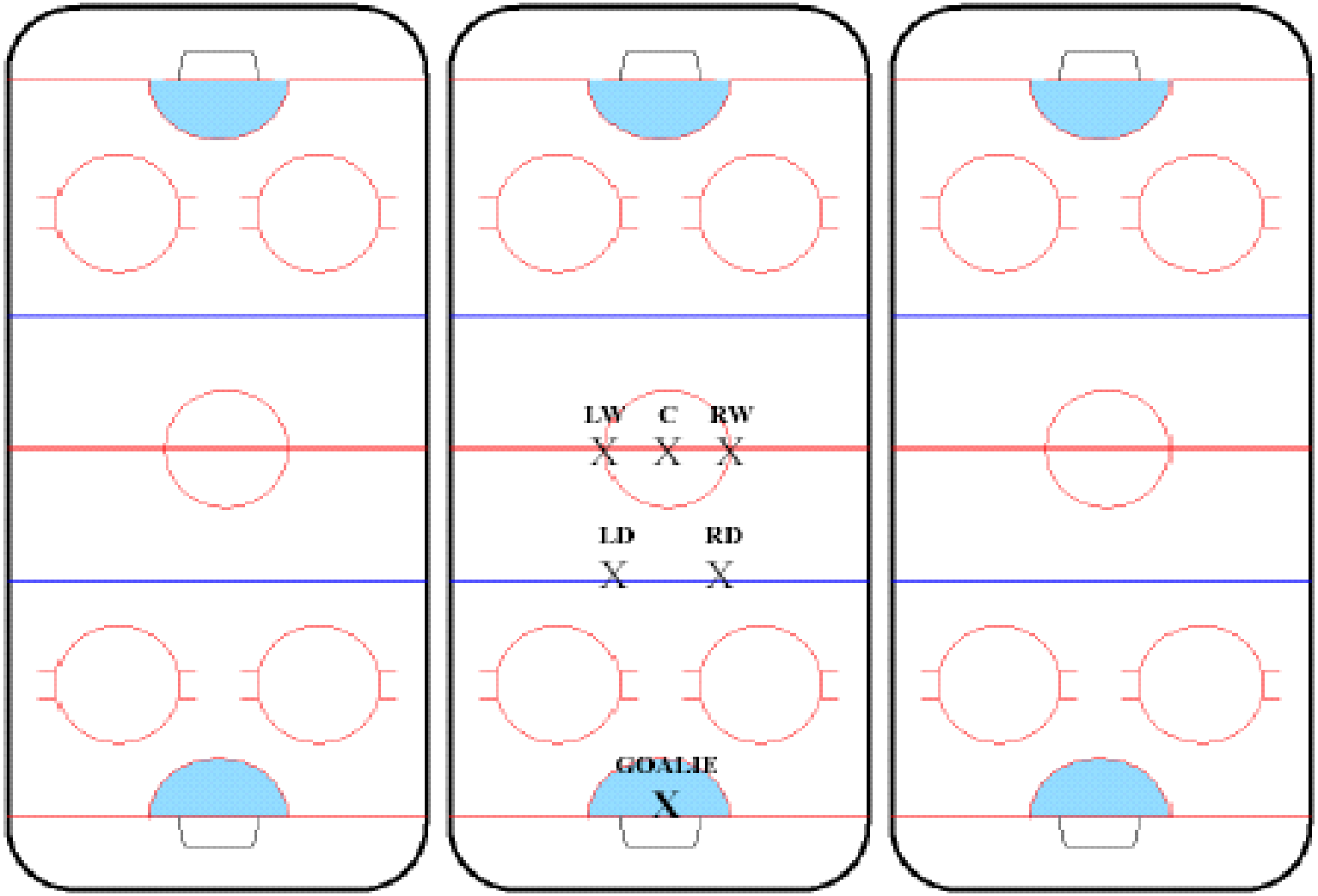

Goal Line
Blue Line – Offensive
Red Line
Blue Line – Defensive
Goal Line
X
Our Goalie

Zones

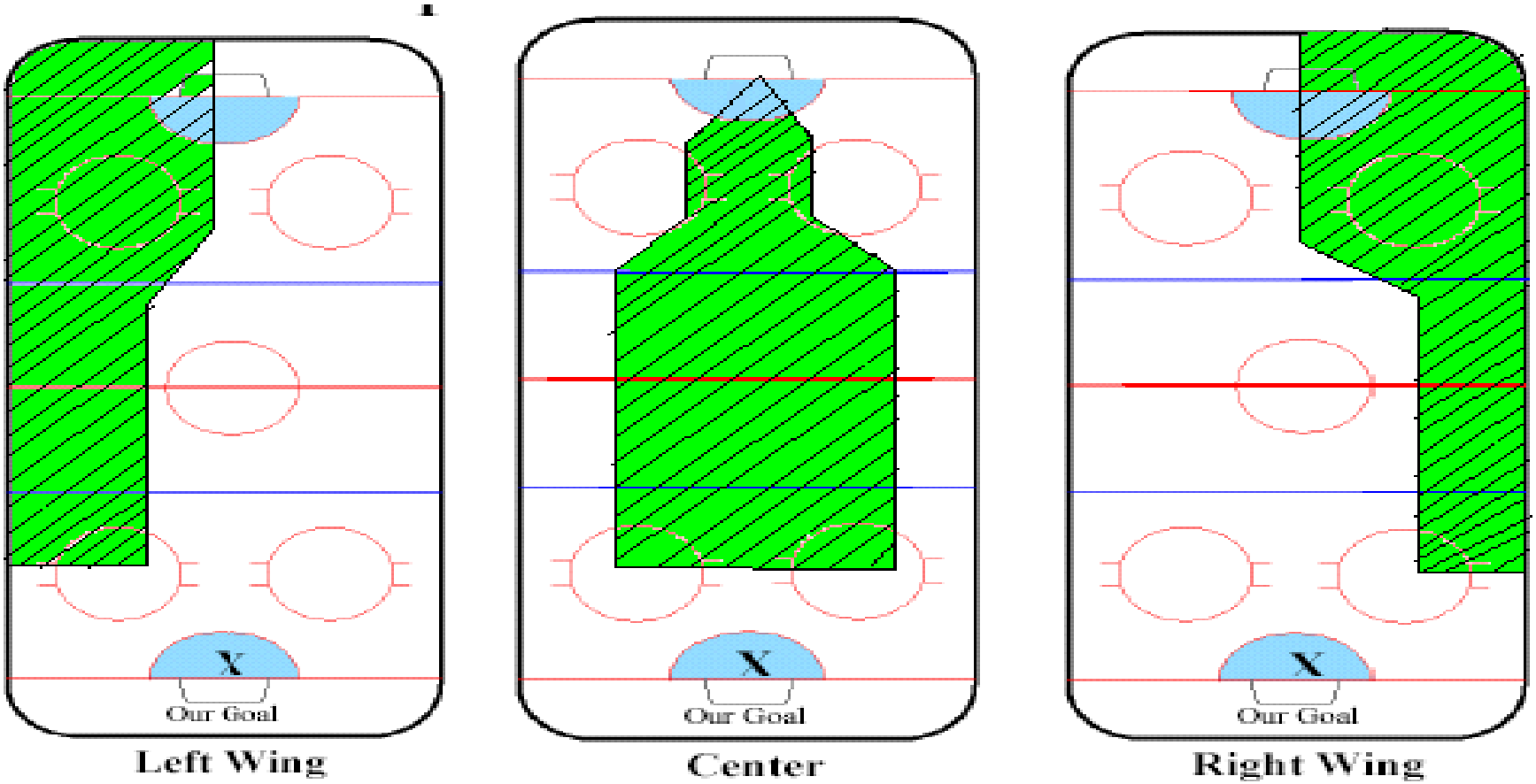


Offensive Zone | **Neutral Zone** | **Defensive Zone**

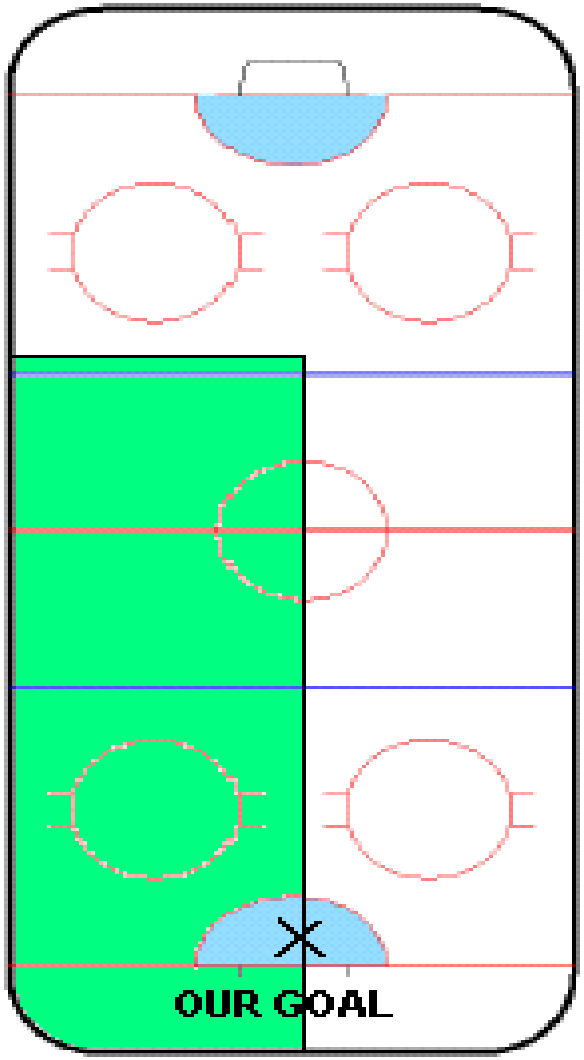
STARTING POSITIONS



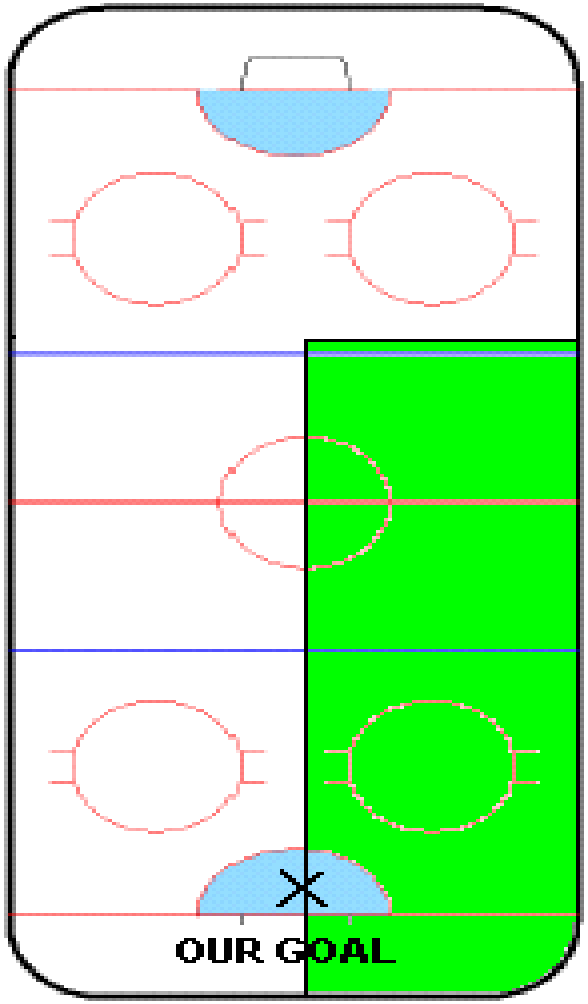
Positions – Forward



Positions - Defense

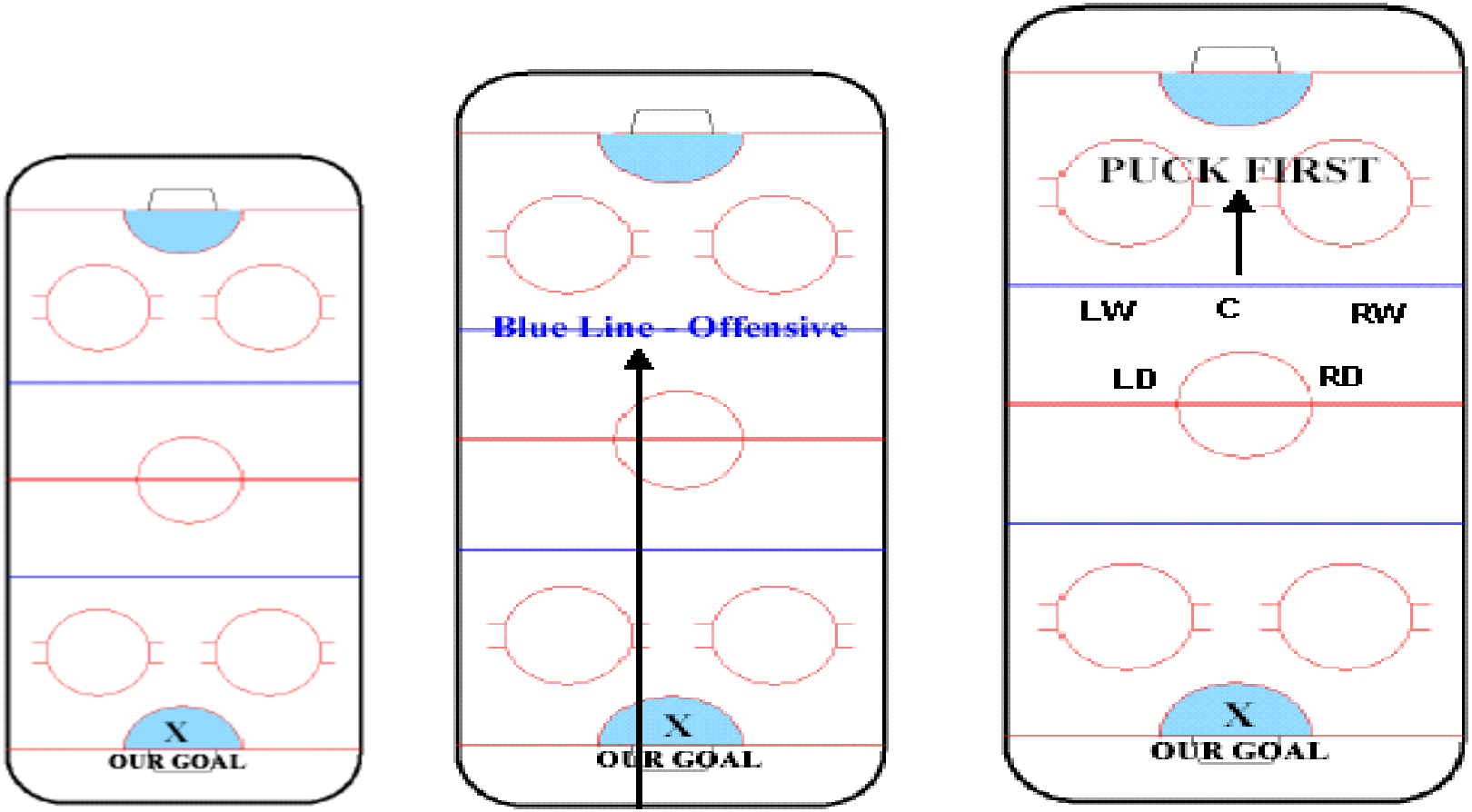


LEFT DEFENSE



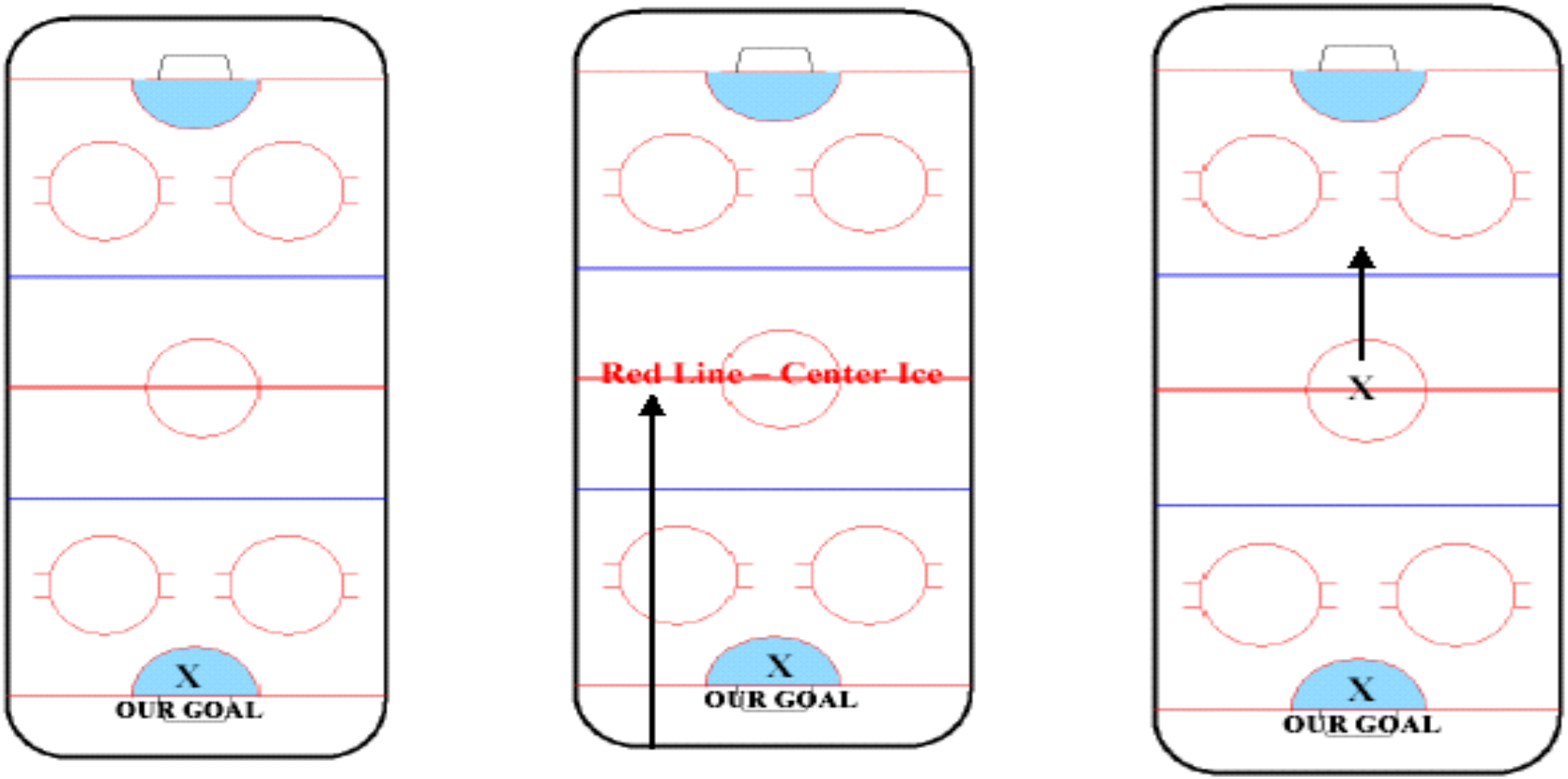
RIGHT DEFENSE

Off Side Rule



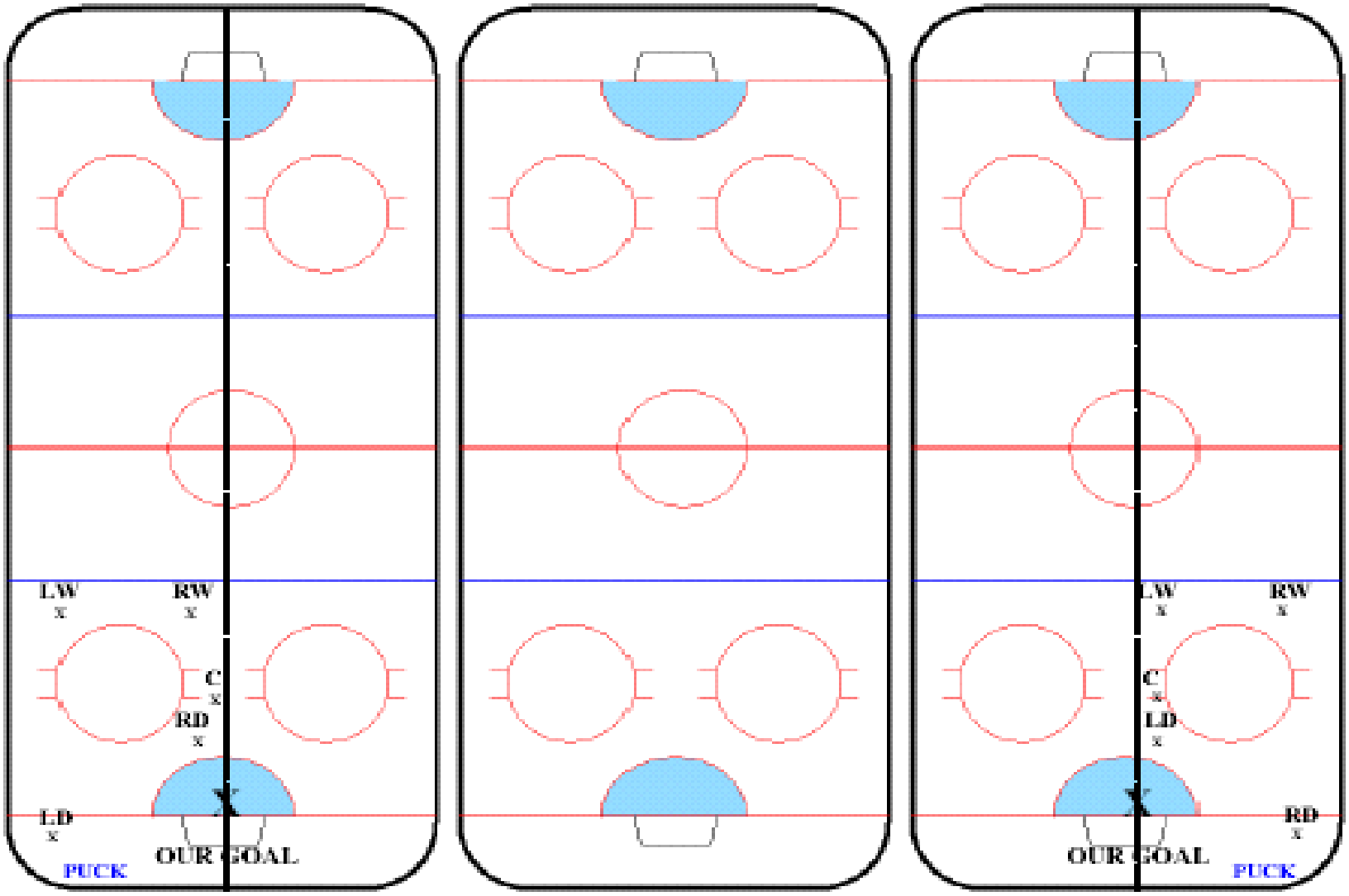
Puck must go over BLUE line before any player!!

Icing Rule



Puck must be past RED LINE before shooting all the way down the Ice!

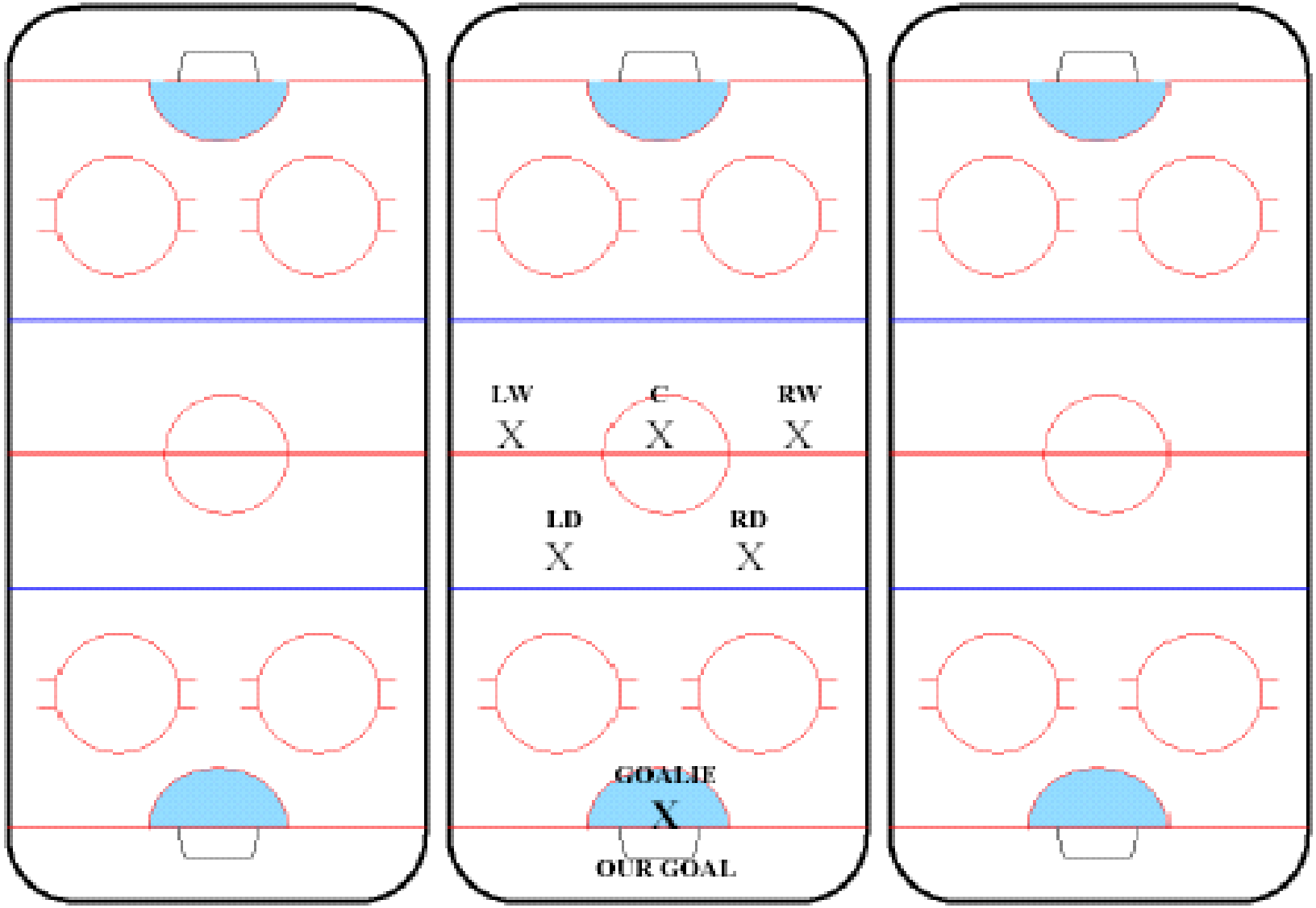
DEFENSIVE ZONE POSITIONS



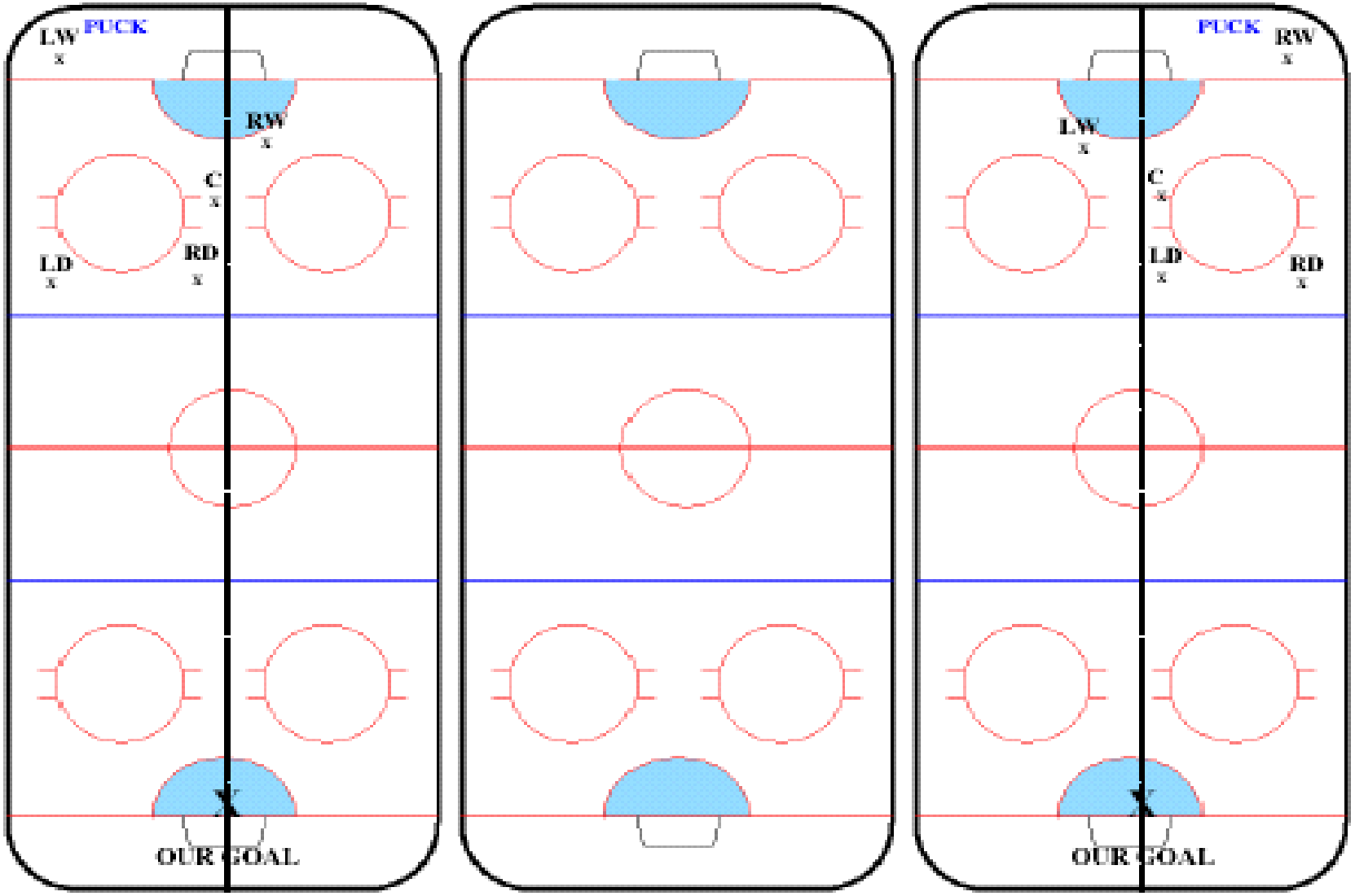
LEFT SIDE

RIGHT SIDE

NEUTRAL ZONE POSITIONS



OFFENSIVE ZONE POSITIONS



LEFT SIDE

RIGHT SIDE

Mite Coaching Staff